



# NT-proBNP Rapid Test Kit (Colloidal Gold)

A rapid test for the diagnosis of heart failure to detect NT-proBNP qualitatively in whole blood, serum or plasma.

For professional in vitro diagnostic use only.

## PRODUCT NAME

NT-proBNP Rapid Test Kit (Colloidal Gold)

## SPECIFICATION

25 tests/kit, 5 tests/kit, 1 test/kit

## INTENDED USE

The NT-proBNP Rapid Test is a rapid chromatographic immunoassay for the qualitative detection of human NT-proBNP in whole blood, serum or plasma as an aid in the diagnosis of heart failure.

## SUMMARY

The N-terminal of the prohormone brain natriuretic peptide (NT-proBNP) is a 76 amino acid N-terminal inactive protein that is cleaved from proBNP to release brain natriuretic peptide. Both BNP and NT-proBNP levels in the blood are used for screening, diagnosis of acute congestive heart failure (CHF) and may be useful to establish prognosis in heart failure, as both markers are typically higher in patients with worse outcome. The plasma concentrations of both BNP and NT-proBNP are also typically increased in patients with asymptomatic or symptomatic left ventricular dysfunction and is associated with coronary artery disease and myocardial ischemia.

The NT-proBNP Rapid Test is a simple test that utilizes a combination of anti-NTproBNP antibody coated particles and capture reagents to qualitatively detect NTproBNP in whole blood, serum or plasma. The minimum detection level is 0.45ng/mL.

## PRINCIPLE

The NT-proBNP Rapid Test is a qualitative, membrane based immunoassay for the detection of NT-proBNP in whole blood, serum or plasma. The membrane is precoated with specific capture antibodies in the test line region of the test. During testing, the whole blood, serum or plasma specimen reacts with the particle coated with specific antibodies. The mixture migrates upward on the membrane chromatographically by capillary action to react with specific capture reagents on the membrane and generate a colored line. The presence of this colored line in the specific test line region indicates a positive result, while its absence indicates a negative result. To serve as a procedural control, a colored line will always appear in the control line region indicating that proper volume of specimen has been added and membrane wicking has occurred.

## MATERIALS

### Materials provided

• Test devices • Package insert • Buffer • Droppers

### Materials Required but Not Provided

• Timer • Specimen collection containers •Centrifuge •Lancets (for fingerstick whole blood only) •Heparinized capillary tubes and dispensing bulb (for fingerstick whole blood only)

## WARNINGS AND PRECAUTIONS

1. For professional in vitro diagnostic use only. Do not use after the expiration date.
2. Do not eat, drink or smoke in the area where the specimen or kits are handled.
3. Handle all the specimens as if they contain infectious agents. Observe established precautions against microbiological hazards throughout testing and follow the standard procedures for proper disposal of specimens.
4. Wear protective clothing such as laboratory coats, disposable gloves and eye protection when specimens are being tested.
5. Humidity and temperature can adversely affect results.

## STORAGE AND STABILITY

Store as packaged at room temperature or refrigerated (2-30°C). The test is stable through the expiration date printed on the sealed pouch. The test must remain in the sealed pouch until use. DO NOT FREEZE. Do not use beyond the expiration date.

## SPECIMEN COLLECTION AND PREPARATION

• The NT-proBNP Rapid Test can be performed using whole blood (from venipuncture

or fingerstick), serum or plasma.

- To collect Fingerstick Whole Blood specimens:
  1. Wash the patient's hand with soap and warm water or clean with an alcohol swab. Allow to dry.
  2. Massage the hand without touching the puncture site by rubbing down the hand towards the fingertip of the middle or ring finger.
  3. Puncture the skin with a sterile lancet. Wipe away the first sign of blood.
  4. Gently rub the hand from wrist to palm to finger to form a rounded drop of blood over the puncture site.
- Add the Fingerstick Whole Blood specimen to the test by using a capillary tube:
  1. Place the bulb onto the top end of the capillary tube, then squeeze the bulb to dispense the whole blood to the specimen area of the test cassette.
- Add the Fingerstick Whole Blood specimen to the test by using hanging drops:
  1. Position the patient's finger so that the drop of blood is just above the specimen area of the test cassette.
  2. Allow 3 hanging drops of fingerstick whole blood to fall into the center of the specimen area on the test cassette, or move the patient's finger so that the hanging drop touches the center of the specimen area. Avoid touching the finger directly to the specimen area.
- Separate serum or plasma from blood as soon as possible to avoid hemolysis. Use only clear non-hemolyzed specimens.
  - Testing should be performed immediately after the specimens have been collected. Do not leave the specimens at room temperature for prolonged periods. Serum and plasma specimens may be stored at 2-8°C for up to 3 days. For long term storage, specimens should be kept below -20°C. Whole blood collected by venipuncture should be stored at 2-8°C if the test is to be run within 2 days of collection. Do not freeze whole blood specimens. Whole blood collected by fingerstick should be tested immediately.
- Bring specimens to room temperature prior to testing. Frozen specimens must be completely thawed and mixed well prior to testing. Specimens should not be frozen and thawed repeatedly.
- If specimens are to be shipped, they should be packed in compliance with local regulations covering the transportation of etiologic agents.

## DIRECTIONS FOR USE

Allow the test, specimen, buffer and/or controls to reach room temperature (15-30°C) prior to testing.

1. Bring the pouch to room temperature before opening it. Remove the test cassette from the sealed pouch and use it within one hour.
2. Place the cassette on a clean and level surface.

For Serum or Plasma specimen:

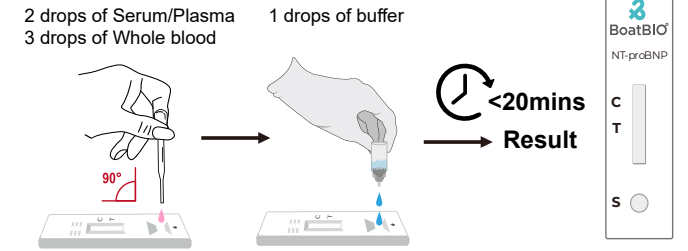
- Hold the dropper vertically and transfer 3 drops of serum or plasma (approximately 75 µ L) to the sample well of the test cassette, then start the timer immediately. See illustration below.

For Venipuncture Whole Blood specimen:

- Hold the dropper vertically and transfer 3 drops of whole blood (approximately 75 µ L) to the specimen well of the test cassette, then add 1 drop of buffer (approximately 40µL), and start the timer. See illustration below.

For Fingerstick Whole Blood specimen:

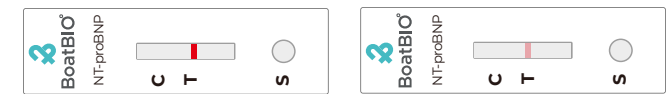
- To use a capillary tube: Fill the capillary tube and transfer approximately 75 µL of fingerstick whole blood specimen to the specimen well of test cassette, then add 1 drop of buffer (approximately 40 µ L) and start the timer. See illustration below.
  - To use hanging drops: Allow 3 hanging drops of fingerstick whole blood specimen (approximately 75 µL) to fall into the specimen well of test cassette, then add 1 drop of buffer (approximately 40 µ L) and start the timer. See illustration below.
3. Wait for the colored line(s) to appear. Read results at 10 minutes. Do not interpret the result after 20 minutes.



Positive



Negative



Invalid

## INTERPRETATION OF RESULTS

**POSITIVE:**\* A colored line in the control line region (C) and the presence of another colored line in the test line region indicates a positive result. This indicates that the concentration of NT-proBNP is above the minimum detection level.

**\*NOTE:** The intensity of the color in the test line region will vary depending on the concentration of NT-proBNP, present in the specimen. Therefore, any shade of color in the test line region should be considered positive.

**NEGATIVE:** One colored line appears in the control line region (C). No line appears in the test line region (T). This indicates that the concentration of NT-proBNP is below the minimum detection level.

**INVALID:** Control line fails to appear. Insufficient specimen volume or incorrect procedural techniques are the most likely reasons for control line failure. Review the procedure and repeat the test with a new test. If the problem persists, discontinue using the test kit immediately and contact your local distributor.

## QUALITY CONTROL

A procedural control is included in the test. A colored line appearing in the control line region (C) is considered an internal procedural control. It confirms sufficient specimen volume, adequate membrane wicking and correct procedural technique. Control standards are not supplied with this kit; however, it is recommended that positive and negative controls be tested as a good laboratory practice to confirm the test procedure and to verify proper test performance..

## LIMITATIONS

1. The NT-proBNP Rapid Test is for in vitro diagnostic use only. This test should be used for the detection of NT-proBNP in whole blood, serum or plasma specimens only. Neither the quantitative value nor the rate of increase in NT-proBNP can be determined by this qualitative test.
2. The NT-proBNP Rapid Test will only indicate the qualitative level of NT-proBNP in the specimen and should not be used as the sole criteria for the diagnosis of heart failure.
3. The NT-proBNP Rapid Test cannot detect less than 0.45ng/mL NT-proBNP in specimens. A negative result at any time does not preclude the possibility of heart

failure.

4. As with all diagnostic tests, all results must be interpreted together with other clinical information available to the physician.

5. Some specimens containing unusually high titers of heterophile antibodies or rheumatoid factor (RF) may affect expected results. Even if the test results are positive, further clinical evaluation should be considered with other clinical information available to the physician.

6. High levels of Biotin (Such as supplements marketed for hair, skin, and nail growth) may interfere with the test result. Please consider Biotin interference as a possible error when a test result doesn't match the clinical presentation.

7. There is a slight possibility that some whole blood specimens with very high viscosity or which have been stored for more than 2 days may not run properly on the test cassette. Repeat the test with a serum or plasma specimen from the same patient using a new test cassette.

### EXPECT VALUE

The NT-proBNP Rapid Test (Whole Blood / Serum/ Plasma) has been compared with a leading commercial NT-proBNP EIA test, demonstrating an overall accuracy of 97.9% with NT-proBNP.

### PERFORMANCE CHARACTERISTICS

#### Sensitivity and Specificity

The NT-proBNP Rapid Test has been evaluated with a leading commercial NTproBNP EIA test using clinical specimens. The results show that relative to leading EIA tests, the NT-proBNP Rapid Test shows 98.5% sensitivity and 97.8% specificity for NT-proBNP.

Method		EIA		Total Results
	Results	Positive	Negative	
NT-proBNP Rapid Test	Positive	64	7	71
	Negative	1	308	309
	<b>Total Results</b>	<b>65</b>	<b>315</b>	<b>380</b>

Relative Sensitivity: 98.5% (95%CI\*: 91.7%-99.9%)

Relative Specificity: 97.8% (95%CI\*: 95.5%-99.1%)

Accuracy: 97.9% (95%CI\*: 95.9%-99.1%) \*Confidence Intervals

#### Precision

##### Intra-Assay

Within-run precision has been determined by using 15 replicates of below five specimens: NT-proBNP specimen levels at 0 ng/mL, 0.45ng/mL, 1ng/mL, 2ng/mL and 5ng/mL. The specimens were correctly identified >99% of the time..

##### Inter-Assay

Between-run precision has been determined by 3 independent assays on the same five specimens: 0ng/mL, 0.45ng/mL, 1ng/mL, 2ng/mL and 5ng/mL of NT-proBNP. Three different lots of the NT-proBNP Rapid Test have been tested using these specimens. The specimens were correctly identified >99% of the time.

#### Cross-reactivity

The NT-proBNP Rapid Test has been tested by HBsAg,HBsAb,HBeAg,HBeAb,HBcAb,syphilis,anti-HIV,anti-H.pylori,MONO,anti-CMV,anti-Rubella and anti-Toxoplasmosis positive specimens.The results showed no cross-reactivity.

#### Interfering Substances

The following potentially interfering substances were added to NT-proBNP negative and positive specimens, respectively.

Acetaminophen:20 mg/dL	Caffeine:20 mg/dL
Acetylsalicylic Acid:20 mg/dL	Gentisic Acid:20 mg/dL
Ascorbic Acid:20mg/dL	Albumin:10,500mg/dL
Creatin:200 mg/dL	Hemoglobin:1,000 mg/dL
Bilirubin:1,000mg/dL	Oxalic Acid:600mg/dL
Cholesterol:800mg/dL	Triglycerides:1,600mg/dL

None of the substances at the concentration tested interfered in the assay.

### INDEX OF SYMBOLS

Symbol	Used For	Symbol	Used For
	Use-by date		Consult instructions for use
<b>LOT</b>	Batch code	<b>IVD</b>	In vitro diagnostic medical device
	Temperature limit		Manufacturer
	Please don't reuse it		Keep away from sunlight
	Don't use the product when the package is damaged		Keep dry
	Date of manufacture		Tests per kit
<b>CE</b>	CE Mark		Biological Risks
<b>EC REP</b>	Authorized representative in the European Community		

### BASIC INFORMATION



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